



# The wrap cross carry

Right from the beginning



This carrying variant can be used for the very little ones because you wear your baby in an ideal position on your body. It is especially comfortable in the summer because only one sheet of fabric is covering the baby. However, when your little one has grown more, you should switch to another variant because with the described method you carry most of the weight on the upper part of your shoulder/neck; this can turn nasty in case of a heavier weight.



1

Grab the centre of the sling (stork label) at the edges and spread it out before your upper body.



2

Guide the fabric sheets tightly over your chest to your back.



3

Only let the sling edges slide through your hands.



4

Now take both sling edges



5

in one hand.



6

The other hand reaches out "under the skirt"



7

and grabs



8

the opposite sling edge.



9

Now cross both fabric sheets on your back



10

but don't let the edges slip away. >



11

Spread your arms just like a bat



12

and guide both fabric sheets over your shoulders to the front.



13

Then, closely gather the fabric ropes over your shoulders.



14

Ensure that the fabric ropes are lying completely on your shoulders.



15

It is important that the inner edges of the sling show the same colour at your neck as the sling edge of the stork label in front of your chest.



16

Turn the upper edge of the sling in front of your chest two or three times to the outside (width approx. 1.6 inches).



17

Pay attention to turn the sling even under your armpits.



18

Optionally, you can fold in a molleton, for example, in order to have a cushioned headrest.



19

Please ensure that the molleton is folded in until your armpits.



20

The wrap cross carry should look like this from behind. In this position, clothing often rides up. If this is the case pull it down.



21

This is what it looks like on the front.



22

Now prepare a pouch



23

in front of your chest.



24

Place your baby on your shoulder and hold him/her with the "safety grip".



25

Open the pouch with one hand and let your baby



26

slide slowly into it.



27

Take your baby's legs out of the pouch and pay attention to secure your child with the other hand. >



28

Pull the headrest up to the ears of your baby.



29

Push the fabric of the lower part of the pouch between your baby's legs to your stomach and ensure that the sling has no wrinkles on your baby's back.



30

Take the inner sling edge, gather about half the sling and then pull the rope firmly upwards.



31

Change the supporting hand for your baby.



32

and pull the second rope as firmly like the first one.



33

Take the lower sling edge, gather again about half the sheet and then pull the rope diagonally upwards.



34

Also pull the second lower rope as firmly as the first one.



35

Take a rope in each hand in the area of the headrest



36

and spread your arms upward and to the sides.



37

Important: don't pull to the front, only upward!

i

It may help to move your bum around a bit. You will notice how much of the fabric is still available until it is really tight.



38

Maintain the tension and guide the fabric ropes with stress alongside the right and the left side of your baby's body



39

and to his/her butt



40

where the fabric sheets are crossed.



41

Guide the fabric sheets below the legs of your baby



42

to the back



43

and knot them together



44

with a flat knot (refer to "How to tie a knot"). >



45

Still your baby is not sitting in the correct "spread-squat position".



46

In order to bring your baby into this position, you grab his/her popliteal fossa and tilt his/her bum back.



47

Now, the fabric ropes have slipped into the popliteal fossa of your baby and his/her bum is lower than his/her knees = proper "spread-squat position".



48

This is what the wrap cross carry looks like from the front if you tied it properly.



49

If the fabric ropes in your back reach further than to the middle of your thigh



50

guide it back to the front below your baby's legs and tie them in front of your stomach. •



# Alternative knots

Tie the sling up to figure no. **38** according to the instructions “wrap cross carry” and then continue as follows:

**i**

Many carrying parents prefer this variant since it is more comfortable and, therefore, they choose “the twist”.



**1**

The fabric sheets below the bum of your baby



**2**

are twisted two or three times



**3**

and then guided to the back below the legs of your baby



**4**

and then tied. •

